

Week One

March Themes: dinosaurs, shapes, space, the garden

The Dinosaur Dance

Get out the boxes below. Place all the cards on the floor. Put one card on a "floor" and get out! What action was your favorite?

Fly like a pterodactyl!	Stretch your neck like a triceratops!	Run like a raptor!
Walk on all fours like a stegosaurus!	Roar like a tyrannosaurus rex!	Shake your horns like a triceratops!
Swing your trunk like a mammoth!	Swim like an ichthyosaurus!	Pounce like a sabertooth tiger!

DINOSAUR LETTERS Find & Color

Search for the letter cards below. Each time you find a letter, color it blue or different color for each letter.

D I N O
O I
D I
N O
S A
U R

DINOSAUR Footprints

Use the feet of some plants, dinosaurs or your own size. Suggest to the paper from many different kinds of footprints. All you need? Good feet!

HERBIVORE OR CARNIVORE SORT

Sort the dinosaurs into herbivores and carnivores.

A herbivore ate plants. A carnivore ate...

My Pet Dinosaur

Draw your pet dinosaur in the box.

DOT IT

Use the dots to make the letters D, E, and F. Color them yellow, blue, and red.

TRACE TO THE EGG

Trace the paths to find the dinosaur eggs.

Collect Three: fossil match.

Color the pictures below using the color code on the bottom of the page.

D is for Dinosaur

Color the picture below using the color code on the bottom of the page.

Add the Spikes

Color the spikes on the dinosaur.

My Dinosaur Book

Draw your dinosaur in the box.

DINOSAUR ICE EGGS

Supplies: balloons (or an ice cube tray), mini dinosaur figurines, water (and a freezer), straw to break open the eggs (eg hammer, warm water, droppers, etc.)

- Put a mini dinosaur into a balloon and then fill it with water.
- Let it freeze overnight.
- Have fun melting and smashing the dinosaurs loose the next day!

Don't have balloons? Use an ice cube tray to make dinosaur ice eggs!

Dinosaur Patterns

Color the patterns and use them to make a dinosaur.

Letter or Number Cut & Paste

ABC 123

Z	8	5	K
S	7	C	4

Roll & Color: DINOSAURS

Roll the dice and color the dinosaur.

Dinosaur Lines

Trace the lines on the dinosaur.

Dinosaur SIZES

Color the dinosaurs in the boxes.

Dino Spikes Find & Color

Find the spikes and color them.

Marker TRACING: 13

Trace the number 13.

20 activities each week!

Week Two

March Themes: dinosaurs, shapes, space, the garden

<h3>Tape Shapes</h3> <p>1. Create the following shapes on the floor using masking tape (on a large area):</p> <ul style="list-style-type: none"> rhombus triangle square rectangle trapezoid <p>2. Call out a shape and ask your child or student(s) to find that shape and walk around the outline of the tape.</p> <p>3. Bonus ideas:</p> <ul style="list-style-type: none"> Call out a number of sides and ask your child or student(s) to find a shape with that many sides. Ask your child or student(s) to find and stand on any shape and then call out a shape name and ask the students who are standing on that shape to complete an action (e.g. clap hands, stomp, spin around, etc.). Then ask students to find a new shape and repeat. 	<h3>Where is The M hiding?</h3> <p>4 paper or plastic cups (not transparent)</p> <p>the printables below</p> <p>optional: toothpick, tape, and playdough</p> <p>Laminiate the printables if desired.</p>	<h3>SHAPE PATTERNS</h3> <p>Bonus Color Code</p>	<h3>Connect the Dots</h3> <p>My 100 Shapes</p>		<h3>CRAZY SHAPE ART</h3> <p>Color the shapes below different colors. Color the outlines with a different color. You can also use markers and paint to make your own shape art!</p>	<h3>My FAVORITE Shape</h3>																																									
<h3>SILLY SHAPE M MONSTER</h3>	<h3>Collect The Other Half: Shape Match</h3>	<h3>Roll & Color: SHAPES</h3>	<h3>DOT IT</h3> <p>20 SHAPES</p>	<h3>How many sides? SORT</h3>	<h3>Q-TIP TRACING: SHAPES</h3>	<h3>Counting from 1-10</h3> <p>Sticker Maze</p> <table border="1"> <tr><td>1</td><td>8</td><td>7</td><td>3</td><td>6</td></tr> <tr><td>7</td><td>2</td><td>5</td><td>9</td><td>5</td><td>4</td></tr> <tr><td>6</td><td>3</td><td>1</td><td>10</td><td>10</td><td>3</td></tr> <tr><td>9</td><td>4</td><td>2</td><td>4</td><td>2</td><td>1</td></tr> <tr><td>8</td><td>5</td><td>6</td><td>7</td><td>5</td><td>8</td></tr> <tr><td>2</td><td>9</td><td>3</td><td>8</td><td>1</td><td>6</td></tr> <tr><td>7</td><td>10</td><td>4</td><td>9</td><td>10</td><td>★</td></tr> </table> <p>Bonus color code: 4-blue 0-yellow 8-red</p>	1	8	7	3	6	7	2	5	9	5	4	6	3	1	10	10	3	9	4	2	4	2	1	8	5	6	7	5	8	2	9	3	8	1	6	7	10	4	9	10	★
1	8	7	3	6																																											
7	2	5	9	5	4																																										
6	3	1	10	10	3																																										
9	4	2	4	2	1																																										
8	5	6	7	5	8																																										
2	9	3	8	1	6																																										
7	10	4	9	10	★																																										
<h3>T is for TRIANGLE</h3>	<h3>Shapes in Real Life Match</h3>	<h3>POPSICLE STICK SHAPES</h3>	<h3>Say and Squash</h3>	<h3>BLINDFOLD Shape Puzzle Hunt</h3> <p>Optional Idea: Wrap the puzzle pieces in fo-fo instead of putting them in a "sensory" bin.</p>	<h3>STICKER SHAPES</h3>	<p>20 activities each week!</p>																																									

Week Three

March Themes: dinosaurs, shapes, space, the garden

ROLL & MOVE

Spin around 1 time.
Do 2 jumping jacks.
Touch your toes 3 times.
Crouch in a ball 4 times.
Moon jump 5 times.
Skip or gallop 6 times.

TOOLS

MOON ROCKS
ASTRONAUT FOOD
SPACE SHUTTLE

Roll & Dot It: Letter Ss

Roll a die and dot your space with a dot. Roll again and dot your space with a dot. Repeat until you have a row of 6 dots.

SPACE playdough

Ingredients:
- 1 cup flour
- 1 cup water
- 1/2 tsp salt
- 2 tsp cream of tartar
- 1/2 cup vegetable oil
- 1/2 tsp coloring (dark blue/grey)

Directions:
1. Mix ingredients in a bowl.
2. Knead for 5 minutes.
3. Roll out and cut into shapes.

HOW TO BE AN Astronaut

Additional ideas:
- Make more than one!
- Ask your child or student(s) to help you create one.
- Celebrate completing their "Astronaut Training" with some healthy snacks!
- Watch some real videos of astronauts on YouTube.
- Great free videos on YouTube: "How to become an astronaut" - CBC Kids News, "I Want to Be An Astronaut" - Rascal Jr.

Ideas for "obstacles":
- Jump over soft foam or stuff animals or pillows.
- Walk across a line of masking tape on the ground.
- Run through a hula hoop or under a table or chair.
- Some runs or full-body stretches.
- Walk, hop, or gallop backwards.
- Running around a certain number of times before entering the obstacle course.

THE PLANETS IN ORDER

Closest to the Sun → Farthest from the Sun

Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune

Say and Squash

4 4 5 4
5 6 6 5
6 5 6 4

TIP-TOE & FIND: Planets

Mars, Jupiter, Saturn, Uranus

Asteroid

asteroids

R is for Rocket

1 2 3 4 5

MAKE A CONSTELLATION

Supplies:
- dark construction paper (black, dark blue)
- yellow sticks
- yellow and/or white crayons

THE MOON

Marker TRACING: R

Marker TRACING: R

DOT IT

Letter Dots: A, R, S

Catch Some Stars

A, B, C, D, E, F

Playdough Aliens

Ingredients:
- playdough
- mini erasers
- feathers
- beads
- pom-pom eyes
- toothpicks
- glow-in-the-dark stars
- brushes
- pipe cleaners
- dried noodles

SPIN & COVER

A a

SHOOTING STAR LETTERS

Letter A

Does it start with S? Sort

Se, Ss

carrot, salad, sock, ladybug, ink, shark, uniform, snail

20 activities each week!

Week Four

March Themes: dinosaurs, shapes, space, the garden

Find and Plant

Marker TRACING: 6

FLOWER PARTS

leaves
stem
root
petal
seed

How to Grow a Flower

FLOWER PATTERNS

ROLL & PASTE SEEDS

Listen & Find in the Garden

SPIN & COVER

My SEED Name

6 Letters in Garden

Find the 6s

Say and Squash

Above OR Below the Ground

soil
sun
flower
rake
shovel
watering can

Seed Sorting

My GARDEN Potion

SEED SEQUENCE Cut & Paste

COOK LETTERS

SPIN & COVER

SEEDS in the Food We Eat

broccoli
cucumber
onion
potato
carrot

20
activities
each
week!

Many Options for Differentiation!

DINOSAUR LETTERS Find & Color
Search for the letter with letters Code from one Print a letter, color it like a different color for each letter.

DINOSAUR LETTERS Find & Trace
Search for the letter with letters Code from one Print a letter, trace it. Trace each letter with a different color.

DOT IT Letter D, E, F
Trace D, E, F
D yellow E blue F red

DOT IT Letter D, E, F
Trace D, E, F
D yellow E blue F red

D is for Dinosaur
Color the picture below using the color code at the bottom of the page.

1 green 2 yellow 3 orange 4 blue 5 pink

D is for Dinosaur
Color the picture below using the color code at the bottom of the page.

1 green 2 yellow 3 orange 4 blue 5 pink

Roll & Color: DINOSAURS
Roll the number on the die and color the dinosaur with the matching color.

Roll & Color: DINOSAURS
Roll the number on the die and color the dinosaur with the matching color.

Marker TRACING: 13
Trace the number 13 with a marker. Trace each number 13 with a different color.

Marker TRACING: 13
Trace the number 13 with a marker. Trace each number 13 with a different color.

SHAPE PATTERNS
Trace the shape patterns. Color the shapes with the matching color.

Bonus Color Code: yellow, blue, red, orange

SHAPE PATTERNS
Trace the shape patterns. Color the shapes with the matching color.

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Connect the Dots
Mystery Shapes

Connect the Dots
Mystery Shapes

Roll & Color: SHAPES
Roll the number on the die and color the shape with the matching color.

Roll & Color: SHAPES
Roll the number on the die and color the shape with the matching color.

DOT IT 2D SHAPES
Trace the shape with a marker. Color the shape with the matching color.

yellow blue green

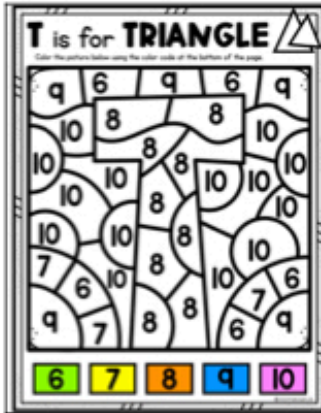
DOT IT 2D SHAPES
Trace the shape with a marker. Color the shape with the matching color.

yellow blue green

Many Options for Differentiation!

T is for TRIANGLE

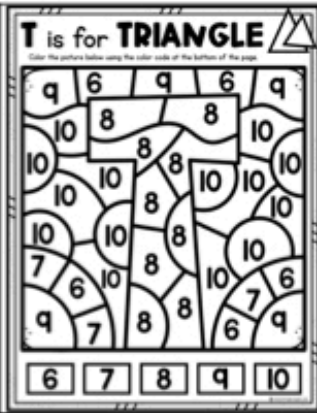
Color the pictures below using the color code at the bottom of the page.



6 7 8 9 10

T is for TRIANGLE

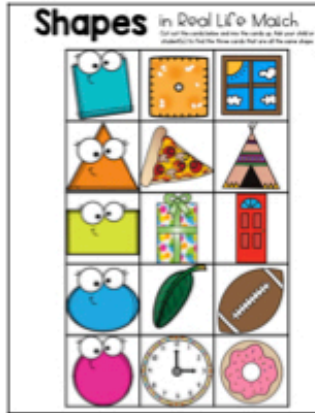
Color the pictures below using the color code at the bottom of the page.



6 7 8 9 10

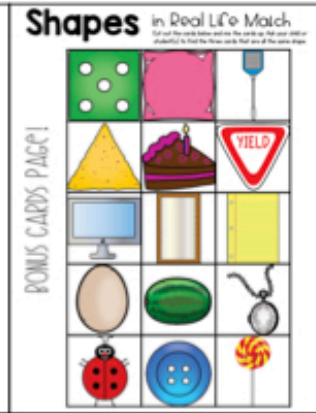
Shapes in Real Life Match

Match the shapes to the real life objects.



Shapes in Real Life Match

Match the shapes to the real life objects.



BONUS CARDS PAGE 1

R is for Rocket

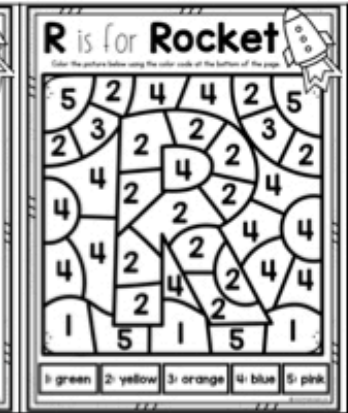
Color the pictures below using the color code at the bottom of the page.



1 2 3 4 5

R is for Rocket

Color the pictures below using the color code at the bottom of the page.



1 green 2 yellow 3 orange 4 blue 5 pink

Marker TRACING: R

Trace the letter R with a marker.



Marker TRACING: R

Trace the letter R with a marker.



DOT IT

Color the letters A, R, and S.



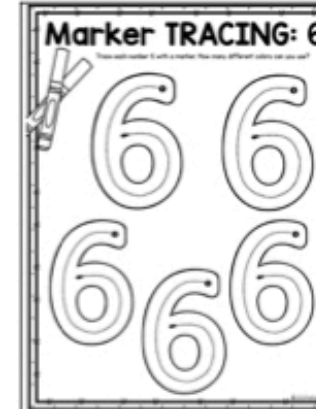
DOT IT

Color the letters A, R, and S.



Marker TRACING: 6

Trace the number 6 with a marker.



Marker TRACING: 6

Trace the number 6 with a marker.



6 Letters in Garden

Color the pictures below using the color code at the bottom of the page.



D E F G H

6 Letters in Garden

Color the pictures below using the color code at the bottom of the page.



D green E yellow F orange G blue H pink

Find the 6s

Help the Yarn plant his seeds by coloring all the 6s to make a path.

6	6	6	6	
5	1	4	5	6
4	3	6	6	6
3	2	6	2	3
1	4	6	6	6
2	5	1	3	

Bonus: Circle the number that matches your age.

Find the 6s

Help the Yarn plant his seeds by coloring all the 6s to make a path.

6	6	6	1	2	1	
2	3	1	6	4	4	5
3	6	6	6	3	1	4
5	6	3	5	2	4	3
6	6	5	4	5	2	1
6	2	1	1	2	5	3
6	6	6	6	6	6	

Bonus: Circle the number that matches your age.

SEED SEQUENCE Cut & Paste



SEED SEQUENCE Cut & Paste

1	2	3
4	5	6

